# THE GAME

### MOVEABLE SOCCER GOAL SAFETY

Unsafe soccer goals can kill. There are simple ways to help prevent death and serious injury from happening during and around the game.

# ANCHOR.

Anchor moveable soccer goalposts securely into the ground.

It takes 200 kilograms, which equals:

- 10 stakes
- 12 bags of sand, or
- 10 bags of cement mix.

### CHECK.

Before every game or training session, test that the moveable soccer goals are properly secured and safe to use.

- 1. Ensure there are no children around the goalpost.
- 2. Shake the goalpost using both hands and push it from behind.
- 3. If the goalpost falls, don't use it until it has been properly secured.

Don't use it if it's not safe.

# RESPECT.

Ensure that no one climbs, swings or plays on a moveable goalpost.

Store the moveable goalposts safely when not in use.









